

# COACHING FOR LEADERS





# The challenge

What is expected of leaders has changed enormously in recent times:

- Employees have more options and are confident in asking for what they want
- Teamwork has become a balancing act between driving collaboration and being mindful of wellness
- Career success depends on constantly learning and adapting

This presents some unique challenges for leaders who are navigating new realities while still having to deliver business results.

Often, there is no precedent for how to handle situations that arise and 'learning on the job' can be high stakes when it comes to leading others.

All of this, while leaders themselves can be dealing with their own challenges both inside and outside the workplace.

Sometimes we just need to take time to think, assess, and plan - but the speed of business does not easily allow for that.

# THE OPPORTUNITY

Leadership does not have to be this difficult, and learning does not have to take place in plain sight.

***Coaching For Leaders*** provides an alternative path where you work 1:1 with a senior business executive-turned-coach, tapping into their expertise and wisdom to solve your leadership challenges.

If one or more of these applies, coaching could be a good fit:

- You would like to be able to talk through the challenges and opportunities you face as a leader, in order to find the best path forward
- You are figuring out how to bring out the best in yourself and in your team
- You would benefit from a sounding board – someone to challenge your thinking and help you gain clarity
- You want to find ways to make work and life more enjoyable
- You don't receive feedback from your manager and peers, and you're curious to know what they think
- You know that something is holding you back at work and you want to overcome that
- You want to manage your career proactively
- You'd like to have a partner to help you create an action plan to achieve your vision and hold you accountable for making progress

If any of this sounds familiar, ***Coaching For Leaders*** could be right for you.



## How it works:

- You and your coach meet regular basis (usually monthly)
- You set the agenda, so the session is tailored to your needs
- Between sessions, you have access to your coach for quick check-ins if you need to talk anything through
- Your coach will ask questions, share their perspective, offer suggestions, and enable you to gain insights that you can use to move forward, make decisions, and grow as a leader
- Interviews with your manager, peers and others can be included if you would like to have 360 feedback gathered on your behalf
- Sessions are 1 hour each, with a mixture of in-person and videoconference
- Confidentiality is assured

## Let's chat

If you would like to explore if ***Coaching For Leaders*** is right for you, contact us at [mike@leapleadership.ie](mailto:mike@leapleadership.ie)